

Accessible Outdoor Recreation

All programs are accessible and are designed for people of all ages and abilities. Trail chairs are available to participants who use wheelchairs for mobility.



Participants with medical or behavioral needs, or age 12 or under must be accompanied by an adult. A release must be signed by all participants prior to participation. Please let us know if you need any special accommodations.

Teambuilding, Recreation and Environmental Education (TREE):

A program that engages people of all ages, abilities, and experience levels in leadership development, adventure-based activities, environmental education programming and summer camp

Waban Projects, Inc. is a non-profit corporation organized to develop and operate programs which promote the general welfare and education of children and adults with developmental disabilities.

Waban staff includes a certified leadership facilitator trained in challenge course elements, an environmental educator, and a recreation specialist. All TREE staff have experiential training in outdoor education as well as CPR and First Aid.



Program Offerings and Registration
To obtain a catalog of offerings, please contact Ann Rossignol:

Phone: 207-324-7955 X 644
Fax: 207-324-6050
E-mail: TREE@waban.org

TREE utilizes the waterfront, campgrounds, hiking trails as well as the state-of-the-art Wormwood Conference Center for a memorable experience.



www.treecenter.org



Find us on Facebook: www.facebook.com/TRECtr



TREE Recreation Program is a social enterprise of
Waban Projects, Inc.

Recreation & Adventure



Offering activities and programs to individuals and groups through active, meaningful experiences.



5 Dunaway Drive Sanford, ME 04073
(207) 324-7955

OUTDOOR ADVENTURE

Activities and programs take place on a forested corner of Bauneg Beg Lake utilizing the lake, accessible trails, low ropes course and Waban's grounds.



Develop a new hobby, increase physical fitness or just try something new.



Join us and experience the outdoors while enjoying a supportive atmosphere of fun, friendship, self fulfillment, challenge and exploration.

Offered year round in pursuit of healthy lifestyles and increased quality of life. Recreational experiences promote physical activity, outdoor adventure, relaxation and socialization.



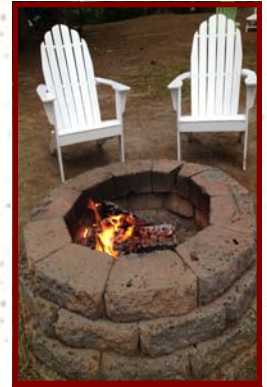
Features of the TREE Center:

- Beach Front
- Kayaks
- Bathhouse
- Docks
- Handicap accessible trails
- Paddle Boats
- Affordable fees
- 4 Season Center for indoor activities
- Low Ropes Course
- Close to Berwick, N. Berwick, S. Berwick, Sanford, and Springvale



Offerings Include:

- Hiking
- Kayaking
- Swimming
- Fishing
- Geo-caching
- Snowshoeing
- Ice fishing
- Skating
- Lake Tours
- Story Walks
- Wildlife Tracking
- Canoeing



Do you or your group have an area of interest or recreational activity you don't see offered? Contact us and we will be happy to consider adding new workshops and classes.

Special programs can be provided for large groups field trips, or special events. Group sessions can be combined with Environmental Education, Leadership Development, or day use activities at the waterfront.

Offerings are conducted both indoors and out, held rain or shine unless conditions are deemed unsafe.

Visit us on the web at www.waban.org for a more comprehensive description of our services and facilities.